



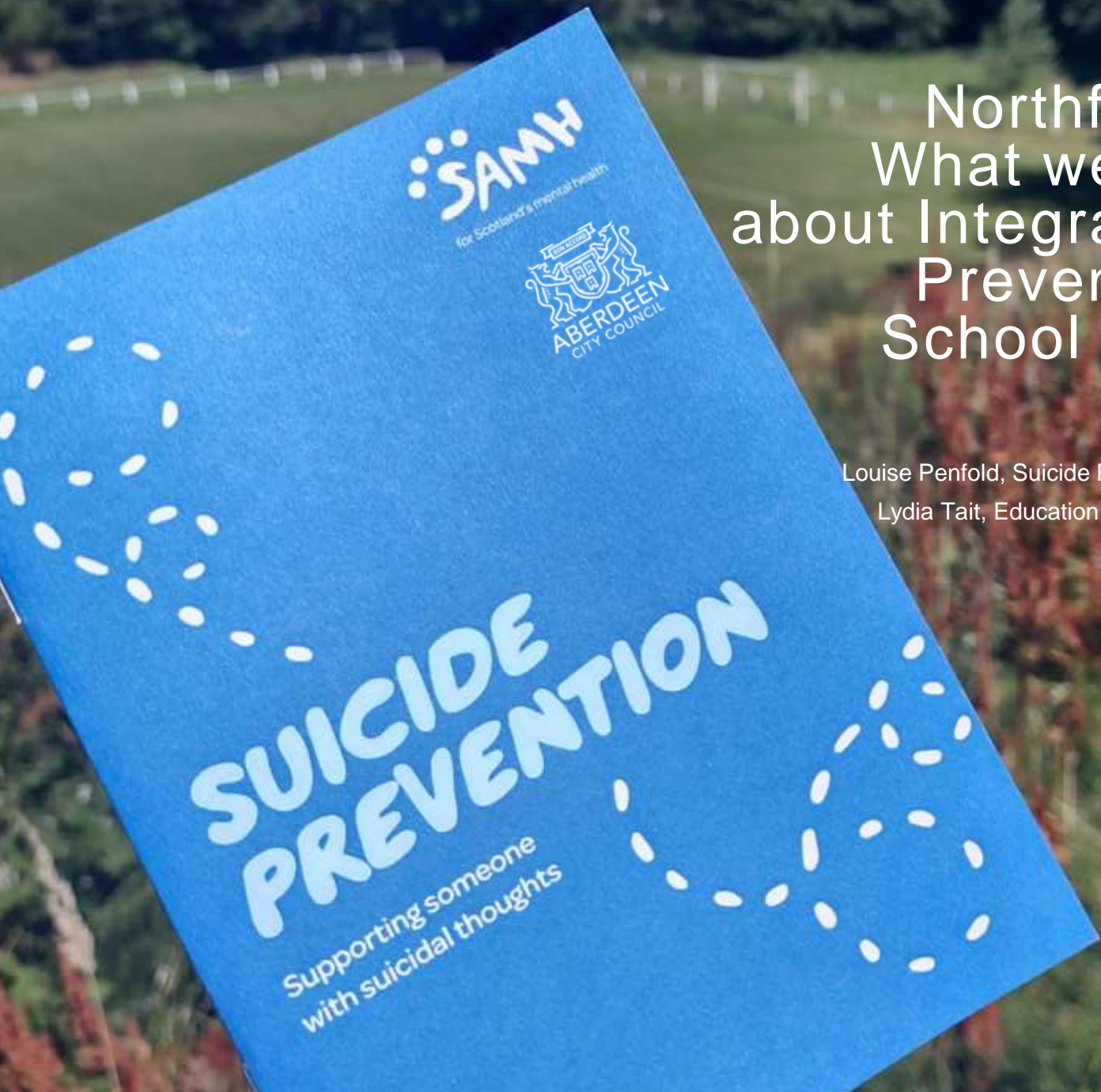
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Northfield Matters: What we've Learned about Integrating Suicide Prevention into the School Environment

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The Background



Increase in pupils reporting thoughts of self-harm and suicide



School staff seeking additional information, resources and training



Introduction of tools, techniques and materials

What has worked (and what has been more difficult)

Good feedback from staff who have undertaken 1:1 sessions

Faculty heads introducing group wellbeing sessions and activities for their departments

Staff modelling tools/techniques and young people following suit

Led to other H&W inputs for PSAs

Profile of H&W raised

Mechanics of sharing info with staff

Turning understanding into action

Anxieties/concerns about our motives from some staff

Ironing out practicalities (best way to manage bookings etc)

Other demands on staff and school setting

What is different about suicide prevention in a school setting

Navigating a different in-school and local authority management structure (needs a different approach to introducing systemic change)

Training rollout needs to be compatible with pre-existing CPD demands

Varying supervision/debrief structures

Support/planning needs to be in the longer term – schools might have a pupil for several years which would be less common in other settings

What is required to support a person who is suicidal can jar against usual policies/approaches (not unique to schools)

Tools/Techniques

CPD Thinglink – <https://bit.ly/3d7zMeV>

I Matter Plan/Wellbeing Plan

Penumbra Self-harm toolkit

Papyrus/Young Minds/Samaritans – safe plan templates and lesson plans

Prevent Suicide App (NE Focussed but similar available for other areas)



Any
Questions??

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